



# Guide to Secondary School

2022-2023



# Biindigen Welcome Bienvenue

Dear Future Secondary Students,

Welcome to High School with the Keewatin Patricia District School Board!

We look forward to planning the 2022/2023 school year and providing you with the education, support, relationships and personal growth that will help you to achieve your future goals. We strive to ensure that all students feel valued, respected, and welcomed as they prepare for their secondary experience. Our dedicated staff will support each of you as you transition from your current school to a KPDSB secondary school. Our staff look forward to meeting you and sharing with you the many programs and opportunities available in our high schools.

At KPDSB we honour the unique experiences, cultures, talents, and aspirations of our students and we are committed to ensuring all learners are successful in their secondary journey. As a high school student at Keewatin Patricia District School Board, you have access to a diverse range of programs and courses such as technology, arts, music, business, languages, and athletics.

Grade 9 students in the 2022-2023 schools year will be studying in a single stream or pathway. By offering one stream, more students will be empowered to pursue the futures they want, with doors open to all post-secondary options, including apprenticeship, college, university, or the workplace. Although we have removed choosing between academic and applied from our grade 9 course selection, this change does not apply to students who are registered in specialized programs such as those in multi-needs/special needs or students planning on taking locally developed compulsory courses. We encourage you to contact our Administrators, Guidance Counsellors, Special Education Facilitators, or Graduation Coaches should you have any questions or concerns.

We encourage you to take advantage of the many opportunities offered in our schools including athletics, volunteering, student council, clubs, and committees. Involvement in co-curricular programs will help you to discover new interests and to develop friendships.

To parents, guardians, and community representatives, we recognized that you play a vital role in the success and well-being of students, and we value our collaboration with families and community partners. Our schools are welcoming places where your children are safe, supported, and challenged to reach their full potential.

## KIDS COME FIRST AT KPDSB!

Sherri-Lynne Pharand, Director of Education



# Your learning journey continues here...

The KPDSB education and career/life pathways planning program is based on three core beliefs:

**all students can be successful;  
success comes in many forms;  
there are many pathways to success.**

## **CHANGE IS CONSTANT**

We change constantly, and so does the world around us—including the working world. Chances are that a single occupation will no longer take workers from the beginning to the end of their working lives. There will also be many changes as you move from one community to another and knowing how and when to ask for support is important. Adaptability is an important skill to carry into the world of work.

## **LEARNING IS ONGOING**

Graduating from high school or a post secondary program doesn't mean that your education is complete. Education is not limited to classrooms in a school and this includes all of our unique life experiences. Opportunities to learn are everywhere! Learn to recognize them and make your learning a lifelong experience.

## **FOCUS ON THE JOURNEY**

Travelling through life is like travelling down a road: having a destination gives direction, but most of the time is spent moving along. Pay attention to the journey, with all of its pitfalls, sidetracks, opportunities, and highways to new destinations.

## **FOLLOW YOUR HEART**

Dreaming about your future, understanding yourself, and your identity can help you to make decisions about what you really want in life. Knowing what you want and keeping it in mind can give you the motivation you need to deal with life's challenges. Listen to your inner voice.

## **ACCESS YOUR ALLIES**

You are not alone on your journey. Life is like a community and your team members are your friends, family, teachers, elders and neighbours. Any of them can be willing and helpful allies when it comes to deciding what steps to take on life's path.

What I considered most important to me while attending high school would have to be the opportunity for personal growth. The primary reason for going was to get my degree, so I could move on to the next stage of life and I could've stayed home for that. I left home for the adventure and change of scenery. I tried things I normally wouldn't have. Getting out of my comfort zone gave me the chance to acquire new skills, and life changing viewpoints. I can contribute my success to the various sports I played, clubs I took part in, and other after school activities that let me learn something new outside of the curriculum.

— Baron Crowe, Fort Severn, DHS/SNHS Graduate 2020

# Individual Pathways Plan (IPP)

The IPP is an important tool that you will use as you move through school to your initial post-secondary destination.

Everything you learn about courses, careers and pathways will be stored in your IPP. You will be able to access all this valuable information as you begin planning your life after high school. You will have access to your IPP after graduation.

**Pathway planning puts students at the centre of their own learning, viewing them as the architects of their own lives. Students are encouraged to discover who they are, explore opportunities, pursue their passions, and design personal pathways to success.**

The screenshot shows a user interface for the Individual Pathways Plan (IPP). On the left is a dark blue sidebar with navigation options: Home, Who Am I, High School, Post-Secondary, Work, Money, Guides, and Favourites. The main content area is titled 'Home' and includes a navigation bar with 'Dashboard', 'Tasks', 'Class Activities', 'Goals', and 'Portfolios'. Below this are three summary cards: '1 of 8 TASKS COMPLETED' (13% Completed), '250 POINTS COLLECTED' (250 Collected), and '50 PRIZES AVAILABLE' (0 Prizes Entered). A secondary navigation bar shows 'IPP Tasks', 'Prizes', and 'Scholarships'. The 'IPP Tasks' section is active, displaying three task cards: 'Plan Courses for Grade 10' (100 points), 'Add 2 Goals' (100 points), and 'Add 1 Box and Write a Reflection' (100 points). The interface also shows the user is in 'Gr. 9' and has '250 points'.

Take a chance to explore different classes to see what you like, and from there make a plan of where you want to go, and what you want to do once you're done high school. But also remember to breathe and ask for help when you need it because there are people at the school who will help to guide you. Enjoy yourself and cherish the memories you'll make!

— Victoria Anderson-Gardner, Dryden High School, Class of 2015

# The Big Questions

KNOWING YOURSELF

Who am I?  
Where do I come from?

EXPLORING OPPORTUNITIES

Where am I going?  
What are my opportunities?

MAKING DECISIONS & SETTING GOALS

Why am I here?  
Who do I want to become?

ACHIEVING GOALS & MAKING TRANSITIONS

What's my plan to reach my goals?  
What support do I need?

**Your IPP & School Support Team will  
help you along your journey!**



## A CAREER IS YOUR PATH THROUGH LIFE

In the next few years, you will have to make decisions about education, learning, different jobs, work (paid and unpaid), family life, friendships, community involvement and leisure activities.

Career development requires you to understand who you are and what opportunities you have in both the world and the workplace, so that you can begin to make decisions about your future. Career development involves understanding your own strengths and interests, goal-setting, decision-making and awareness of opportunities.

Jobs in the future will belong to people with skills, attitudes and behaviours that include academic abilities, personal management skills and teamwork strategies.

You will need to have solid work habits and the ability to make sound decisions, solve problems, plan effectively, work independently, communicate well, do research, evaluate yourself realistically, and explore new educational and career opportunities in order to plan for your career.

# Choosing Courses in Grade 9

There are many points to consider when choosing your high school program. You are unique. It is important to carefully consider these things about yourself:

Your background and experiences

Your learning style

Your interests—your likes and dislikes

Your strengths and next steps

How many courses do I take in Grade 9?

8

## **5 COMPULSORY COURSES**

- Math
- English
- Science
- French, Ojibwe or Oji-Cree
- Geography

## **3 ELECTIVE COURSES**

## **YOUR LANGUAGE OPTIONS IN SECONDARY SCHOOL**

You have the option to take a language course in either Native Language (Ojibwe or Oji-Cree) or French.

You do not have to have a background in Native Language to take the course in Grade 9 and many of our schools offer additional Native Language courses as you progress through high school.

In addition to Core French programming, French Immersion and Extended French is offered in some of our schools.

Reach out to Student Services if you require additional information and they will be happy to help you.

# What does it take to graduate?

## Requirements to achieve your Ontario Secondary School Diploma (OSSD)

### 18 COMPULSORY CREDITS

- 4 credits in English (1 per Grade)
- 3 credits in Mathematics (at least 1 credit in Grade 11 or 12)
- 2 credits in Science
- 1 credit in the Arts
- 1 credit in Canadian Geography (Grade 9)
- 1 credit in Canadian History (Grade 10)
- 1 credit in French as a Second Language, Ojibwe or Oji-Cree
- 1 credit in Health and Physical Education
- 0.5 credit in Career Studies
- 0.5 credit in Civics
- 3 additional credits (from specific areas)

### 12 ELECTIVE CREDITS

### ONTARIO SECONDARY SCHOOL LITERACY REQUIREMENT

Taken in Grade 10

### 40 HOURS OF COMMUNITY INVOLVEMENT ACTIVITIES

- Completed over your years in high school
- Work with Student Services to determine ways to obtain and track your community volunteer hours

### When can I start to earn my 40 hours of community service?

- After graduating from Grade 8
- Hours must not be scheduled during class time

### How do I earn a credit?

You must earn a final grade of 50% or more in a course to earn a credit.

### Your high school plan

Your Guidance Counsellor, trusted mentors, and your family/caregivers will help you to plan for success in high school and beyond.

### Continuous effort

Not strength or intelligence, but reflecting and 'doing' are the keys to unlocking your potential.

My name is Ian Kakekaspan, from Fort Severn Ontario. I was 16 years old going to high school at Sioux North High School formerly known as Queen Elizabeth District High School. I started school there in grade 10 because in my community, you had to do grade 9 to "get used to public high school standards." Trust me, I was nervous and scared in my first year.

For as long as I could remember, I wanted to become a pilot. Not only a pilot but a medical pilot. On the first day of school, you pick your courses. From there, the guidance counsellors help you choose your path of education. You tell them what path you want to follow and they will help directly. In my experience, asking questions was the most important aspect of being a new student from a northern community.

My piece of advice is if you are having trouble in high school, ask questions. Student workers, teachers, guidance counsellors, friends, and maybe some family members are all examples of help. Everyone wants you to succeed in your educational pathway.

— Ian Kakekaspan, Fort Severn, 2020 SNHS Graduate

# How do I learn best?

Students who select courses consistent with their interests, goals, achievement and learning style will achieve success in high school. In grades 9 and 10, you will have access to the following course types:

## **MAT1W**

MAT » Mathematics  
1 » Grade 9  
W » Destreamed

### What is a destreamed course?

- For 2022-23, Mathematics and Science in Grade 9 are destreamed. A destreamed class will prepare students for university, college, apprenticeship, and workplace classes.

## **CGC1D**

CGC » Issues in Canadian Geography  
1 » Grade 9  
D » Academic

### What is an Academic Course?

#### An Academic Course:

- Will place greater emphasis on theory rather than on practical applications;
- Will focus on abstract thinking as a basis for learning and for problem solving;
- Is more suitable for students who demonstrate initiative and independence in learning.

## **ENG2P**

ENG » English  
2 » Grade 10  
P » Applied

### What is an Applied Course?

#### An Applied Course:

- Will place greater emphasis on practical applications than on theory;
- Will use familiar, real-life situations and hands-on applications to clarify ideas;
- Is more suitable for students who benefit from more direct support.
- An applied course could be an option in Grade 10.

## **SNC1L**

SNC » Science  
1 » Grade 9  
L » LDCC

### What is a Locally Developed Compulsory Course?

#### A Locally Developed Compulsory Course (LDCC):

- Has been designed to prepare students for Grade 11 Workplace courses;
- Will be recommended by the Grade 8 teacher for students who have significant gaps in their learning and are consistently performing below grade level;

## **PPL1O**

PPL » Healthy Active Living Education  
1 » Grade 9  
O » Open

### What is an Open Course?

#### An Open Course:

- Is designed to prepare students for further study in the subject area;
- Has expectations that are designed and appropriate for all students;
- Appeals to students who have a variety of learning skills.

**YOUR GRADE 8 TEACHER CAN HELP YOU FIGURE OUT WHAT TYPE OF LEARNER YOU ARE**

# High School... Here I come!

## Understanding Course Codes

**MAT**

**1**

**W**

**1**

The **sixth character** is assigned to further distinguish course characteristics.

This **letter** identifies the course type.

In Grades 9 & 10

D = Academic P = Applied (Gr. 10 only) L = Locally Developed

O = Open W = Destreamed

In Grades 11 & 12

U = University C = College M = Mixed E = Workplace

This **number** indicates the grade.

For example:

1 = Grade 9 2 = Grade 10 3 = Grade 11 4 = Grade 12

These **three letters** identify the subject. The first letter denotes the course's department. For example:

A = Arts

B = Business

C = Canadian & World Studies

E = English

F = French

G = Guidance & Career Education

H = Humanities & Social Science

L = Languages

M = Mathematics

P = Physical Education

S = Science

T = Technology

Do all the courses I select have to be the same type—Academic, Applied, Locally Developed or Open?

No!

You are encouraged to take the type of course that best suits your interests, goals and/or learning style in that subject. You can select a variety of course types.

In Grade 8, I remember people telling me high school would go by so fast. I didn't believe them, until I was sitting at graduation wondering how 4 years flew by that quickly. High school will seem impossible at times and you may feel overwhelmed. But work hard and enjoy every second and before you know it, you will be sitting at your own graduation.

— Sofia Espana, Sioux North High School, Class of 2020

# What will my school day be like?

There are some big changes coming to your daily school schedule—here's what those will look like. Change isn't scary if you know what's coming!

<b>ELEMENTARY</b>	<b>SECONDARY (SEMESTERED)</b>
Full year with the same timetable all year	Two semesters with a different timetable for each semester
Daily timetable changes	Daily timetable is the same
40 to 100 minute blocks of instructional time	75 minute periods
6-8 instructional blocks per day	4 courses per day
Same teacher for most of the school day	Different teacher for each course
All subjects are compulsory	Mix of compulsory and elective courses
Recess and nutrition breaks	Quick breaks to transition from class to class and lunch
No credits	Credit based
Students grouped by grade	Students grouped by course type and pathway
No exam periods	Exam/Culminating Periods

Congratulations on finishing grade 8 and getting ready to make the move up to high school! As you go through high school, you will have some of the best years of your life and make life long friends. The best advice I can give is to have some fun, but make sure you keep up with your school work and get it done. There will be tough assignments and exams where you feel lost but if you work hard, you'll be fine! Doing well in school, even though it might not seem fun or cool right now, will open more doors for you later—for better jobs and more opportunity to follow whatever passions you might have. I love fishing and have been very lucky to pursue a living as a professional bass tournament angler. The process of going through high school, finishing it and learning how to write has served me well in my communication with sponsors and navigating life. Enjoy your high school years, get it done and you'll be ready for the next phase of your life.

— Jeff Gustafson, Beaver Brae Secondary School, Class of 2000

# We are here to support you!

Your high school has a team of individuals who work together to provide supports for you and may include the following. If you are unsure of who can help you don't hesitate to reach out to any adult in the school—they will help to connect you with a support person.

## **GUIDANCE COUNSELLOR**

- Help with course selections and timetable changes
- Assist with career planning and discuss post secondary opportunities
- Provide information about how to access community supports
- Provide information on how to access mental health supports
- Provide information on how to access additional academic supports e.g. tutoring
- Provide information about volunteer opportunities and how to keep track of hours
- Assist graduating students to access funding applications for post secondary pathways
- Help you learn how to address problems and concerns you may have

## **SPECIAL EDUCATION RESOURCE TEACHER**

- Transition to school supports e.g. school tour, locker set up, introduce you to key support people and spaces
- Academic support for students with an Individualized Education Plan (IEP)
- Work with you and your classroom teachers to monitor and advocate for interventions, accommodations or modifications that best support your learning
- Develop Individual Education Plans (IEPs) with you, your family, and classroom teachers that best support your learning
- Communicate with students, families and communities regarding your needs and help connect you to available services
- Assist with course selection and education/career goal planning
- Help you to learn how to use technology to achieve academic success
- Arrange for formal and informal assessments as necessary to determine your learning needs

## **FOUR DIRECTIONS COACH**

- Help make connections to cultural learning and supports
- Help to connect you with Elders
- Provide a safe, welcoming space for every student to gather during break times
- Provide nutritional support for students (lunch and snacks)
- Help you to find your voice and place in the school
- Work with you and your teachers to consider and identify learning strategies that work best for you
- Help connect you with supports—recreational, medical, mental health supports and even arrange for transportation

## **MENTAL HEALTH COUNSELLOR**

- Provide assistance to students having difficulty learning and coping in school due to social, emotional, behavioural and attendance factors
- Provide supportive and consultative strategies to assist students with mental health challenges and needs, including support services for parents, guardians, and school staff
- Liaise with outside agencies to:
  - i) link students and their parents with community resources
  - ii) ensure clarity of communication
  - iii) ensure consistency of application of strategies
  - iv) support and encourage community agencies to expand services for students
- Consult with Guidance Counsellors regarding provision for career counselling when appropriate
- Respond to attendance referrals on an as-needed basis for students who are absent for more than 15 consecutive days

# Four Directions Program



Four Directions Graduation Coaches and Student Support Navigators work with First Nation, Métis, & Inuit students and families to provide wraparound supports for their individual high school journey.

Students, their families, and community members are consulted and invited to guide cultural learning.

The Four Directions room located in your school is a safe and welcoming space for every student.

Four Directions provides nutritional support to students (lunch and snacks!)

Four Directions will help you find your voice and place in the school.

Four Directions can work with you and your teachers to consider learning strategies that work best for you.

Four Directions can help with things outside of school too!

We can help connect you with recreational, medical, and mental health supports (and even arrange transportation).

Four Directions empowers students to access whatever services and tools they need and improve the transition experience of First Nation, Métis, & Inuit students from elementary school to high school.

Four Directions can assist with post-secondary guidance.

## Here is what some students say about the Four Directions Program:

- Friendly, safe place, people are understanding and easy to talk to, really good hot chocolate, relaxing, helpful
- Help kids feel comfortable and welcomed at school
- Help kids feel successful at school

Contact Four Directions at your school:

Red Lake (807) 727-2092 ext. 1122

Dryden (807) 223-2316 ext. 119

Sioux North (807) 737-3500 ext. 1240

Beaver Brae (807) 468-6401 ext. 3228

Looking for a friend? Snacks? Guidance? Looking for the answers to your questions?! The Four Directions room is the place to be, the place where you'll always find two or more wholesome and supportive people.

— Hannah Mandamin, Beaver Brae Secondary School, Class of 2020

# Special Education Services

## What is an IEP?

An Individual Educational Plan (IEP) is a working document describing the special education program and/or services required for a particular student with special education needs. The written plan is based on a thorough assessment of the student's strengths, needs, and specific educational expectations.

## If I have an IEP will it follow me to secondary school?

A student's IEP will transition to secondary school. Transition meetings will be held in early spring where information will be shared from the elementary school team to the upcoming secondary school team. The resource teacher will attend this meeting and will make recommendations for supports and strategies to help the student be successful in secondary school.

## What supports are available at secondary school?

There are many supports available in our secondary schools. Often schools will offer extra time for subject tutorials or homework help at lunch or after school. Students with an IEP may also access help through their resource teacher and the Special Education Department within their school.

## What do I do if I feel I need special education support?

If you don't currently have an IEP and you feel that you have learning needs that can't be met in the regular classroom without additional support please set up an appointment with the Special Education Resource Teacher or Administration. At this meeting they will discuss your learning needs and what support services you may need to help you best meet your learning goals and if the development of an IEP is necessary.

## How will I be supported as I transition to secondary school?

- Individualized supports (for example, visual schedules, social stories, one-digit lock for locker)
- Personalized learning goals for both academic and social growth
- School visits
- Student support plans
- Communication between home and school
- Meetings with the school team
- A transition plan with specific goals and actions developed as part of the IEP
- Specialized transportation with individualized transportation plans for students who require additional assistance with getting to school

## How can families/guardians support their child's transition to secondary school?

- Connect with the elementary school team to discuss possible pathway options
- Connect with the secondary school resource teacher
- Remain involved in the development of the IEP
- Talk to your child about how they are feeling about the transition to secondary school
- Share any key information about your child with the secondary school team e.g. assessment reports, equipment needs
- Follow the school's website and social media to learn more about what is happening at the school

# It's time to plan

You are encouraged to work with your families/guardians and other supportive adults to make decisions about your future. There are many opportunities to discuss and explore!

## CONFERENCE WITH AN ADULT

- Talk to a student services counsellor/Guidance Counsellor at your secondary school to discuss possibilities of your destination (apprenticeship, college, community living, university, workplace).

## BUILD A PATHWAY TO SUCCESS

- Talk to friends and family members about different opportunities.
- Be sure to examine a variety of possibilities.
- Identify the high school courses appropriate to realize your goals and to discover the type(s) of post-secondary education, if any, that your choices require.

## REFLECT...TIME FOR A REALITY CHECK

- Talk to your teachers to see if the career that interests you is in line with your learning style and your current achievement.
- Make any necessary changes to your plan.
- Set goals at least twice a year.

## RESEARCH ABOUT YOU

- What is your learning style? What careers interest you? Find out how you learn best and what interests you.
- Look at your report card marks, and other test/evaluation results.
- Gather information from your teachers, past and present. In which type of course do they think you will be most successful?

## MAKE INFORMED DECISIONS

- Decide what type of course matches your learning style best.
- Remember, one course type is not better than the other. They just lead to different destinations based on different learning styles.

When travelling out for high school, you have to take care of yourself first. Do not be afraid to ask for help. Do not forget where you come from as a First Nations person. Do not forget your language, or relearn your language.

— Sol Mamakwa

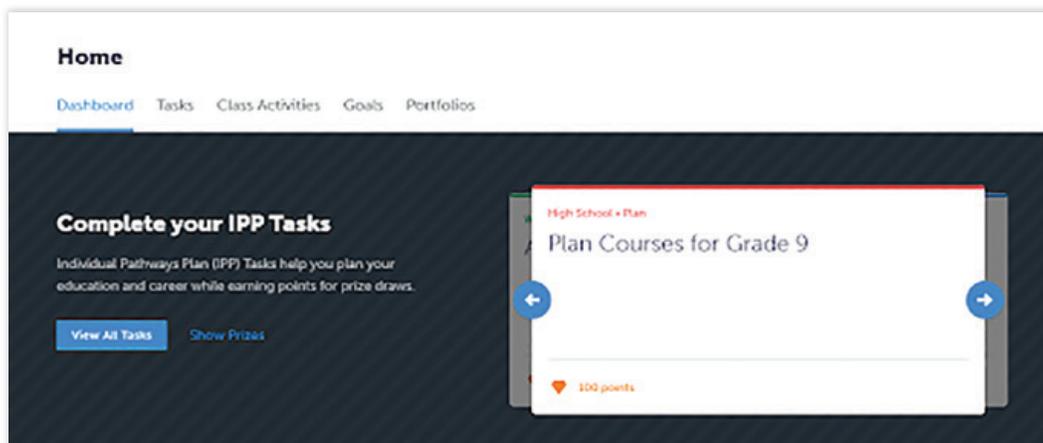
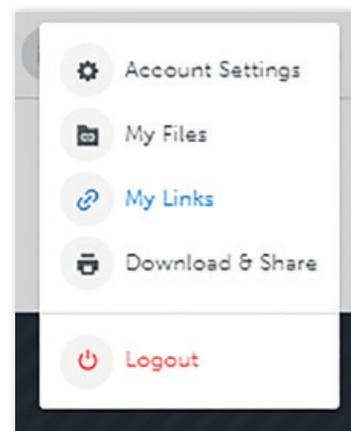
# Draft Your Future with myBlueprint

myBlueprint is an incredible tool that you will continue to use in high school. You will use myBlueprint to plan and select your courses for the upcoming year and continue to work on your IPP throughout the school year to help plan for your future.

Access your KPDSB Student Folder on your bookmarks bar and click on **myBlueprint**. Login using the username and password you use to login to any school computer or visit **[www.myblueprint.ca/kpdsb](http://www.myblueprint.ca/kpdsb)**

Once logged in, parents/guardians can be linked to the account by clicking on the account settings/student name in the top right hand corner and choosing **My Links**.

Your myBlueprint account is also what you use for course selection in high school. To choose your courses for next year, click on **View All Tasks**. After conversations with your parents/guardians and teachers, you will choose the level for your compulsory courses and the electives that interest you the most.



*If your child has special education needs and currently has modified and/or alternative programming, courses should be selected with the support of the school team. Please schedule a transition meeting with the secondary school-based team.*



Students can set goals, research and identify postsecondary options and explore valuable information about apprenticeships, college programs, university programs and workplace opportunities across Canada.

See your Pathways teacher or Guidance Counsellor if you have questions, or would like some help using myBlueprint and completing your IPP.

Participate in everything you can such as sports and clubs, you won't regret it! Appreciate every school day because before you know it, 4 years have gone by and you're wishing for more!

— Q. Brait, Red Lake District High School, Class of 2021

# Are you new to the KPDSB?

When you are ready to register, consider the options below and choose the option that best fits your needs.

## REGISTER ONLINE

Visit [kpdsbregistration.ca](http://kpdsbregistration.ca) to complete registration online.

To prepare for filling out the form, you may want to have your child's health card number handy, as well as contact information for your child's parent(s) and emergency contact(s).

## PAPER REGISTRATION

You may want to **download and print** the registration form ([kpdsb.ca/pages/view/our-schools-registration](http://kpdsb.ca/pages/view/our-schools-registration)). Please contact the school your child plans to attend to arrange how you will submit the form—via fax, mail or drop-off. Contact information for each school is on the back page of this guide.

## ASSISTED REGISTRATION

If you have **questions or require assistance** in completing the registration, please contact the school where your child plans to attend. Each school has staff that will be happy to assist you. Please don't hesitate to reach out if you have any questions.

Once you register, the school will be in touch to assist you with selecting your courses. It would be very helpful getting to know you and the school contact may ask you some of the following questions:

- Your home community and current school?
- What are your favourite subjects in school?
- What special interests, sports, hobbies or traditional activities do you participate in outside of school?
- Do you have any friends or relatives in the high school you will be attending?

If you are unsure about where you will be attending and would like further information about our Keewatin Patricia District School Board schools, please contact Sheena Pilipishen at [sheena.pilipishen@kpdsb.ca](mailto:sheena.pilipishen@kpdsb.ca).

## TRANSPORTATION

If you are eligible for busing, you will be able to access transportation arrangements from the Northwestern Ontario Student Services Consortium at [nwobus.ca](http://nwobus.ca) or 1 866 860 7770 or 807 223 1256.



## STAY CONNECTED!

Visit the KPDSB website at [kpdsb.ca](http://kpdsb.ca), or join us on these social media channels:



kpdsb



kpdsb\_schools



kpdsb\_schools



KeewatinPatricia

Your path is your character describing itself more and more every day. YOU are your main character, so make the best of it.

— Kylor Kobelka, Ignace High School, Grade 9 Student

# Kids Come First!

At the KPDSB we are committed to working together to ensure that our students are successful as they continue their education in high school so that they may lead a good life.



**PARTNERING FOR STUDENT SUCCESS**

Partnerships enhance student learning through resources, experiences, relationships, and opportunities. We are very proud of and fortunate to have partnerships with community agencies, Tribal Councils, and governing bodies across Northwestern Ontario.



# Brain Games!

We hope this guide helped you prepare for the transition to a KPDSB secondary school. Before you go, test your knowledge of high school programming with these two activities.

## ACTIVITY 1 - TRUE OR FALSE

Students are asked to choose a course type for compulsory courses in Grade 9. Review the information and complete the True or False activity below.

1. Open courses are available and appropriate for all students.  
 TRUE     FALSE
2. A student does not have to take the same level in all courses.  
 TRUE     FALSE
3. Locally developed courses focus on the most essential concepts.  
 TRUE     FALSE
4. Grade 9 English is offered as an open course.  
 TRUE     FALSE
5. Applied courses present practical and hands-on activities.  
 TRUE     FALSE
6. Your teacher can help you select an appropriate course type.  
 TRUE     FALSE
7. Academic courses present abstract concepts.  
 TRUE     FALSE
8. Grade 9 elective courses are offered as open courses.  
 TRUE     FALSE
9. All course types may lead to an Ontario Secondary School Diploma (OSSD).  
 TRUE     FALSE

## DID YOU KNOW?

The school year is divided into semesters (1 and 2).

You will take 4 courses per semester.

Every high school has a bell schedule.

Period 1 is your Homeroom.

## ACTIVITY 2—DECODING COURSE CODES

Complete the matching activity below by matching the course code in the left column with the best description in the right column.

Write the matching letter to the corresponding number in the middle column.

Course	Match	Information
1. CGC1D1	_____	A. Physical Education, Grade 9, Open
2. SNC1W1	_____	B. Exploring Technologies, Grade 9, Open
3. ENG1L1	_____	C. Science/Chemistry, Grade 12, University
4. PPL101	_____	D. Geography, Grade 9, Academic
5. SCH4U1	_____	E. Native Language, Grade 9, Open
6. ADA201	_____	F. History, Grade 10, Applied
7. TIJ101	_____	G. French, Grade 9, Academic
8. CHC2P1	_____	H. Science, Grade 9, Destreamed
9. FSF1D1	_____	I. English, Grade 9, Locally Developed
10. TCJ3C2	_____	J. Career Studies, Grade 10, Open
11. GLC201	_____	K. Drama, Grade 10, Open
12. LNOA01	_____	L. Construction Technology, Grade 11, College

Answers: T, T, T, F, T, T, T, T, T

Answers: D, H, I, A, C, K, B, F, G, L, J, E

# 10 Ways to Help Your Teen Succeed in Secondary School

Parents/Guardians play an important role in student success. Stay informed and continue to support and guide as follows:

## 1 Make time to talk about school

High school can bring challenges. When your teen knows they can talk openly, these challenges can be easier to face. Discuss strengths and areas for improvement.

## 2 Connect with your teen's teachers and support individuals

Contact the school to find out the best way to connect with your teen's teachers.

## 3 Stay connected via the school and board websites and social media channels

Here, you'll access the school calendar, staff contact information and important announcements.

## 4 Attendance is important

Students should attend school each day and arrive at class on time. Because having to catch up can be stressful and interfere with learning. On a daily basis, families will receive an automated phone call and email advising of classes their teen may have missed or been late for. If you don't receive these, contact the school to make sure your contact information is up to date.

## 5 Get involved

Encourage your student to get involved with extra-curricular activities and opportunities available at the school (fine arts events, athletics, cultural activities, school council, community hours, etc.)

Parents/Guardians can also get involved at the school (Parent Council, short or long-term volunteering by coaching and/or leading extra-curricular activities or events, attending school events.)

## 6 Support the expectations of different classes

Teens may find it difficult to balance academics with extracurricular activities, part-time jobs, and their social lives. Encourage your student to access supports or seek help when needed. See a guidance counsellor for more information regarding tutoring programs.

## 7 Support your teen to be ready to learn

This includes encouraging healthy sleep patterns and habits, and good nutrition. Most schools offer breakfast programs and snacks throughout the day.

## 9 Offer help when studying

Planning is key for helping your student study while juggling assignments in multiple subjects. If you are unable to support them yourself, reach out or encourage them to reach out to support staff for school based options.

## 8 Help your teen to stay organized

Getting organized, staying focused, and completing tasks will help teens in nearly all areas of their lives. Trying to avoid multitasking and eliminating distractions such as phones is important.

## 10 Know the school's handbook and procedures

It's important for your teen to know what's expected at school and what might happen when expectations aren't met.

# KPDSB Secondary Schools



## BEAVER BRAE SECONDARY SCHOOL

(807) 468-6401  
[beaverbrae.kpdsb.ca](http://beaverbrae.kpdsb.ca)

- BeaverBraeSS
- beaverbraess
- beaverbraess



## CROLANCIA HIGH SCHOOL

(807) 928-2381  
[crolancia.kpdsb.ca](http://crolancia.kpdsb.ca)

- Crolancia Public School



## DRYDEN HIGH SCHOOL

(807) 223-2316  
[dhs.kpdsb.ca](http://dhs.kpdsb.ca)

- drydenhighschool
  - dhseagles
  - dhseagles
- [dhseagles.kpdsb.on.ca](http://dhseagles.kpdsb.on.ca)



## IGNACE HIGH SCHOOL

(807) 934-2212  
[ignaceschool.kpdsb.ca](http://ignaceschool.kpdsb.ca)

- ignace.falcon.5



## RED LAKE DISTRICT HIGH SCHOOL

(807) 727-2092  
[rldhs.kpdsb.ca](http://rldhs.kpdsb.ca)

- RedLakeDHS
- RedLakeDHS
- RedLakeDHS



## SIOUX NORTH HIGH SCHOOL

(807) 737-3500  
[siouxnorth.kpdsb.ca](http://siouxnorth.kpdsb.ca)

- siouxnorthpride
- snhswarriors
- snhswarriors



[kpdsbpathways.ca](http://kpdsbpathways.ca)

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